FACTS about MARIJUANA
Derived from the hemp plant whose main psychoactive chemical is THC.

It is a naturally greenish gray mixture of dried, shredded leaves, stems, seeds, and/or flowers; resin (hashish) or sticky, black liquid (hash oil) that is smoked, mixed in food, or brewed as tea.

Effects of marijuana include enhanced sensory perception & euphoria followed by drowsiness/relaxation, slowed reaction time, problems with balance & coordination, increased heart rate, increased appetite, problems with learning & memory, hallucinations, anxiety, panic attacks, psychosis.

"Dabbing" refers to smoking marijuana extracts (oil, wax, shatter) that are very high in THC sometimes resulting in panic or even hospitalization.

Marijuana + Alcohol can lead to increased blood pressure, increased heart rate, further slowing of mental processing and reaction time, blackouts.

Chronic marijuana use can increase risk of anxiety disorders.

Long-term effects of heavy marijuana use in young adults has been shown to permanently decrease IQ levels.

For any questions & concerns regarding substance use contact ASAP at asap@barnard.edu