PRE-DEPARTURE CHECKLIST

☐ PROGRAM DEPOSIT: Many programs will require a non-refundable deposit to secure your place. If you are a high-financial-need student and your program requires a deposit, ask them about the possibility of waiving or deferring the fee.

☐ WITHDRAWAL POLICIES: Make sure you understand your program’s withdrawal policy, since the amount that you might owe if you were to withdraw increases the closer you get to the program start date. Withdrawing after the program has begun usually means paying most if not all of the full program cost. Please note that Barnard is not responsible for paying any study abroad costs if you withdraw.

☐ BARNARD HOUSING CANCELLATION: Submit a Housing Cancellation Form to the Residential Life and Housing office by **Dec 1, 2019**.

☐ STUDY VISA: Your program or university should provide you with the relevant forms and guidelines on applying for a study visa. If they have not, please reach out to Barnard Global so that we can help to guide you through the process. In certain cases you need to make an appointment at the consulate and submit your passport for a period of 1-3 weeks, during which time you cannot travel internationally.

☐ PASSPORT: Check your passport to make sure it is not expiring within 6 months of your time abroad. If you need to renew or get a passport, you should apply for expedited service. You can also get a passport in a day or two at a Federal Passport Agency within two weeks of travel or within four weeks if you need a visa.

☐ IMMUNIZATIONS AND PRE-TRAVEL HEALTH VISIT: If you plan to travel to a destination outside of Europe or Australia/New Zealand, make a pre-travel health appointment through the Barnard Primary Care Health Service by calling 212-854-2091 or by stopping by the Lower Level of Brooks Hall. Some immunizations are required for entry to certain countries, while others are recommended by the CDC. Some immunizations may require multiple visits to the nurse, so plan early.

☐ HEALTH INSURANCE: If you are on the Barnard Student Health Plan through Aetna, it will cover you for emergency medical care abroad as well as a certain number of routine visits. If you are on a different plan please check with your provider to find out what they cover abroad. You should also check with your study abroad program since in many cases health insurance is included as part of the program.

☐ PRESCRIPTION MEDICATIONS: Please let your program know about any medical conditions, allergies, and/or special accommodations that you will need while abroad. If you are taking prescription medications, check with your doctor about getting a prescription override in order to bring a full supply with you while abroad. If that is not possible, you should work with your doctor and your program to identify a comparable medication in your host country.

☐ PRE-DEPARTURE ORIENTATION SESSION: Attend the mandatory study abroad pre-departure orientation on **Wednesday, Dec 11, 2019** in the Lehman Auditorium in **202 Altschul from 2-4:30pm**.